



## FRAMINGHAM RISK SCORE: What is this patient's risk of cardiovascular disease (CVD)?

Patient Name: \_\_\_\_\_ Date: \_\_\_\_/\_\_\_\_/\_\_\_\_ Current Lipid Values: LDL-C \_\_\_\_\_ TC \_\_\_\_\_ HDL-C \_\_\_\_\_ Apo B \_\_\_\_\_

FRAMINGHAM TABLE					
Risk Factor	Risk Points (MEN)		Risk Points (WOMEN)		Points
Age 30-34 Years	0		0		
35-39	2		2		
40-44	5		4		
45-49	7		5		
50-54	8		7		
55-59	10		8		
60-64	11		9		
65-69	13		10		
70-74	14		11		
75+	15		12		
<b>HDL-C Level (mmol/L)</b>					
>1.6	-2		-2		
1.3-1.6	-1		-1		
1.2-1.3	0		0		
0.9-1.2	1		1		
<0.9	2		2		
<b>Total Cholesterol Level (mmol/L)</b>					
<4.1	0		0		
4.1-5.2	1		1		
5.2-6.2	2		3		
6.2-7.2	3		4		
>7.2	4		5		
<b>Systolic Blood Pressure (mmHg)</b>	<b>Untreated</b>	<b>Treated</b>	<b>Untreated</b>	<b>Treated</b>	
<120	-2	0	-3	-1	
120-129	0	2	0	2	
130-139	1	3	1	3	
140-149	2	4	2	5	
150-159	2	4	4	6	
>160	3	5	5	7	
<b>Smoker</b>					
No	0		0		
Yes	4		3		
<b>Diabetes</b>					
No	0		0		
Yes	3		4		
<b>Total Points</b>					<input type="text"/>

TOTAL RISK POINTS	MEN	WOMEN
-3 or less	<1	<1
-2	1.1	<1
-1	1.4	1.0
0	1.6	1.2
1	1.9	1.5
2	2.3	1.7
3	2.8	2.0
4	3.3	2.4
5	3.9	2.8
6	4.7	3.3
7	5.6	3.9
8	6.7	4.5
9	7.9	5.3
10	9.4	6.3
11	11.2	7.3
12	13.3	8.6
13	15.6	10.0
14	18.4	11.7
15	21.6	13.7
16	25.3	15.9
17	29.4	18.51
18	>30	21.5
19	>30	24.8
20	>30	27.5
21+	>30	>30

**10-Year CVD Risk:** \_\_\_\_\_ %

Is there a positive family history of CVD in a first degree relative before age 60?

- YES** (if so, multiply above 10-year CVD risk (%) by 2)  
**Calculation: 10-year CVD risk** \_\_\_\_\_ % X 2 = \_\_\_\_\_ %
- NO**

