

# Nitzan Scharf

## CURRICULUM VITAE

### Personal details

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### Education

<b>Period of Study</b>	<b>Name of Institution and Department</b>	<b>Degree</b>	<b>Year of Approval of Degree</b>
2002-2004	History and School of History, The Hebrew University, Jerusalem, Israel	B.A cum laude*	2004
2011-2014	School of Social Work, University of Haifa, Israel	M.A. summa cum laude**	2014
2019-Present	Department of Education, Ben- Gurion University of the Negev	PhD	

\*Emphasis on foreign languages and the history of treatment of mental illnesses.

\*\*Master's thesis: The association between parental guilt induction and the adjustment of siblings during emerging adulthood. Supervisor: Prof. Guy Enosh.

### Scholarships and Awards

06/2004-08/2004: Scholarship for German studies in Vienna.

2002-2004 School of History scholarship for excellent students in the fields of History and Arts.

2013 Ben-Zeev Fund for a Master thesis focused on the research of emotions.

2013-2014 Dean's Honor for outstanding academic achievement.

2014 Meirhof Fund for outstanding academic achievements.

2019-present Faculty of humanities and social sciences, Ben-Gurion University of the Negev, scholarship for academic achievement.

### Participation in Scholarly Conferences

<b>Date</b>	<b>Name of Conference</b>	<b>Place of Conference</b>	<b>Subject of Lecture/Discussion</b>	<b>Role</b>
June 2016	15 <sup>th</sup> World Congress of the World Association for Infant Mental Health (WAIMH)	Prague, Czech Republic	Road Signs: an early intervention promoting parents' competence and joy.	Lecture
July 2016	The International Society for the study of Behavioural Development (ISSBD) Biennial Meeting	Vilnius, Lithuania	"is it my fault?" Parental guilt induction and emerging adults adjustment	Poster
October 2018	The European Association for Developmental Psychology (EADP) – Developmental Psychology and Prevention	Tel Aviv, Israel	"I know that you really care, but's it's really too much": Parental psychological control and children's attachment representations and adjustment	Lecture
October 2021	Israeli childhood: education and development during crisis	Haifa, Israel	Adolescents' psychological adjustment during and after lockdown – the role of emotion regulation	Lecture

### Professional experience

2009-2016 Research assistant: Parental representations and attachment security. Coding Family drawings and The Bird Nest Drawings, coding parental representations interviews. PI-s: Dr. Limor Goldner; Dr. Yair Ziv, University of Haifa.

2010 Research assistant: The transition to adulthood – the case of Israeli backpackers. Recruiting participants and collecting data. PI: Prof. Shmuel Shulman, Bar Ilan University.

2012-2014 Teaching assistant: Research methods (quantitative and qualitative), School of Social Work, University of Haifa.

2012-2014 Teaching assistant: the MSW supplementary studies program, School of Social Work, University of Haifa.

2012-2014 Research assistant: Violence towards social workers. Collecting data and writing literature review. PI: Prof. Guy Enosh, University of Haifa.

2014 Participation in a Structural Equation Modeling and Mediation and Moderation Models workshops at the Interdisciplinary Center Herzliya.

2014 Research assistant: The Relationship between Mothers' Representations and Self and Body Image of Children with Congenital and Traumatic Visual Impairment. Coding of children's SAT tests (separation anxiety test). PI: Irit Kushilevitz, University of Haifa.

2015 Research assistant: Maternal and paternal representation of past social experiences and perception of adolescent offspring. Coding parents' and adolescents' interviews. PI: Lilach Valfer, University of Haifa.

2018-present Research assistant: Mentoring relationships, Early interventions with parents and children. Literature reviews. PI-s: Dr. Limor Goldner, Dr. Avihu Shoshana, University of Haifa.

2021-present Research assistant: Strength and vulnerability among Holocaust survivors and their offspring. Interviewing holocaust survivors. PI: Amit Shrira.

### Clinical experience

2009-2012 ADL instructor in a protected housing project for people dealing with mental disabilities. The work included help in improving social and personal skills.

2011 clinical work at a primary school with children and parents.

2011-2013 clinical work in a center for at-risk families with children aged 6-12.

2013 participation in the VIPP-SD workshop offered by the Centre for Child and Family Studies, Leiden, during the 6<sup>th</sup> International Attachment conference in Pavia, Italy.

2013-2016 clinical social worker in an intervention program for at-risk families with young children.

2020 participation in Emotion Focused Couple Therapy training offered by Leslie Greenberg PhD from the International Society for Emotion Focused Therapy.

2020 participation in Gottman Method Couples Therapy trainings offered by the Gottman Institute.