

MIND BODY MOSAIC: WOMEN'S HEALTH IN ISRAEL (In Hebrew)

Editors: Orly Sarid, Dorit Segal-Engelchin and Julie Cwikel

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This book presents new research dealing with various aspects relating to the mental and physical health of Israeli women. The book examines a wide range of issues that are salient over the life cycle of women: puberty, marriage, birth, parenting and aging. The collection sheds light on women's coping strategies during both normative developmental transitions and stressful events, in an attempt to increase professional and public awareness of the contemporary challenges faced by women in Israel. The wide variety of studies presented in the book and the work of Israeli scholars in diverse fields of social sciences and health, provide a broad multi-dimensional perspective and allow the reader to better comprehend the range of psychological social, cultural and medical factors that shape women's health today. The book includes five sections: sexuality; pregnancy and childbirth; parenting and family; eating disorders; women's coping with stressful situations; and dealing with chronic illness and pain.



Writers: Ada H. Zohar, Amalya Levy, Anat Barkai, Anat Hermoni-Amar, Anca Ram, Baruch Yerushalmi, Bat-Sheva Pener, Dafna Bar Yaakov, David Rabinowitz, Dorit Segal-Engelchin, Eitan Gur, Eli Buchbinder, Evelyne Steiner, Eviatar Zohar, Eyal Sheiner, Eynat Zubery, Gal Meiri, Haya Itzhaki, Idit Orion, Jonathan Guez, Julie Cwikel, Maayan Millikovsky, Maayan Zusman, Meirav Shahar, Michal Hason-Rozenstein, Michal Liebergall, Michal Shalev, Naama Atzaba-Poria, Nehami Baum, Nicole Dahan, Ofra Shalev, Ofri Bar Nadav, Olga Slutsky, Orit Rigel, Orly Sarid, Orna Tzischinsky, Pauline-Irit Erera, Rachel Bachner-Melman, Rachel Levy-Shiff, Rena Cooper-Kazaz, Revital Gross, Richard P. Ebstein, Ruth Waitzberg, Saralee Glasser, Shiri Sadeh Sharvit, Shuli Brammli-Greenberg, Sima Zalberg, Tamir Ben-Hur, Tomer Goldsmith, Yacov Ezra, Yael Latzer, Yakov Bachner, Yana Shraga, Zipi Levi, Zohar Nir, Zvia Rudich.

About the Editors

Orly Sarid: Professor at the Spitzer Department of Social Work, Ben-Gurion University of the Negev, researcher at the Center for Women's Health Studies and Promotion, Ben-Gurion University of the Negev.

Dorit Segal-Engelchin: Senior Lecturer at the Spitzer Department of Social Work, Ben-Gurion University of the Negev, Director of the Center for Women's Health Studies and Promotion, Ben-Gurion University of the Negev.

Julie Cwikel: Professor at the Spitzer Department of Social Work, Ben-Gurion University of the Negev, Co-Director of the Center for Women's Health Studies and Promotion, Ben-Gurion University of the Negev.

In order to buy the book, please contact:

The Bialik Institute & Publications at: 972-2-6797942, sales@bialik-publishing.co.il