

עדכון: אמצעי מניעה

דר' רוני פלג

הפסקות הריון

- בישראל 12/1000 הפסקות הריון בשנה
- סה"כ 20000 הפסקות מאושרות בשנה

Oral contraceptive pills

drug	estrogen	progesterone
Orthocyclen	0.035 mg	0.25 mg
Gynera	0.030 mg	0.075 mg
Minulet	0.030 mg	0.075 mg
Yasmin	0.030 mg	3 mg
Mercilon	0.020 mg	0.15 mg
Feminet	0.020 mg	0.15 mg
Harmonet	0.020 mg	0.15 mg
Meliane	0.020 mg	0.15 mg
YAZ	0.020 mg	0.15 mg
Minesse	0.015 mg	0.15 mg

Oral contraceptive pills (cont')

- Cerazette (progesterone only- 0.075 mg)- for lactation period
- Postinor (emergency contraceptive- 0.75 mg progesterone)

Oral contraceptive pills (cont')

- Seasonele – 91 d – 0.03 mg E
- LoSeasonele- 91 d- 0.02 mg E
- (Yasmin- 91 d)
- Lybrel – 365 d – 0.02 mg E

Transdermal contraceptive

- EVRA

Injections

- Depo-provera – 150 mg P – IM- 1/3 m
- Depo-provera – 104 mg P- SC- 1/3 m

Intravaginal

- Protectaid sponge
- Nuvoring (2.7 mg E +11.7 mg P)

Intra/trans-uterine

- IUD
- ESSURE

Emergency contraception

- Postinor
- Other OC
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- IUD

Abortion

- Mechanical
- Chemical – Mifgyne – RU 486