שם הקורס: סוגיות נבחרות בחקר התמודדות והסתגלות בקרב סטודנטים

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מטרת קורס:

הינה לסקור בפני הסטודנטים ספרות מחקרית עדכנית בנושאים של התמודדות והסתגלות בקרב סטודנטים שלומדים במוסדות להשכלה גבוהה. במהלך הקורס יוצגו גורמים של מצוקה וסטרס בקרב סטודנטים, משאבי התמודדות והשלכותיהם על מצוקה והסתגלות בקרב אוכלוסייה זו. כמו כן, יודגש תפקידה של התרבות כגורם משמעותי בהבנת ההתמודדות וההסתגלות של סטודנטים.

המטלות:

1. נוכחות השתתפות פעילה- 10%
2. מצגת- 20%
3. עבודה מסכמת- 70%

מקורות קריאה:

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