My life before BGU
I did my PhD at Bar-Ilan University, where I researched the daily support processes of romantic couples. I studied questions such as whether mutual support has a monotonous effect on couples or if there is a certain point of saturation beyond which it is not helpful and could even cause harm; what the effects of disappointment arising from incompatible support are; and how much our perception of support from our partner stems from reality or from our cognitive and motivational biases.

In my post-doctoral studies, at the University of Trier in Germany, I studied the processes occurring in a therapist-patient relationship. I researched whether the concept of reciprocity in the understanding of the therapeutic relationship is a factor that can predict the treatment’s outcome; and how the therapist’s ability to identify fluctuations in the patient’s functioning throughout the treatment process predicts its final outcome.

An insight from my research
A key insight from my doctoral dissertation is that spousal support is never a simple task and requires a lot of skill from both partners. For example, although we may have good intentions and want to support our partners, if our support is not tailored to their needs and focused on their requirements, and does not allow for reciprocity, it may produce unintended negative results, such as experiencing a lack of worth and harm; what the effects of disappointment arising from incompatible support are; and how much our perception of support from our partner stems from reality or from our cognitive and motivational biases. In my post-doctoral studies, at the University of Trier in Germany, I studied the processes occurring in a therapist-patient relationship. I researched whether the concept of reciprocity in the understanding of the therapeutic relationship is a factor that can predict the treatment’s outcome; and how the therapist’s ability to identify fluctuations in the patient’s functioning throughout the treatment process predicts its final outcome.

Something that doesn’t appear on my resume
I love to play basketball. In recent years, I’ve played basketball in a school parents’ league. I hate to admit it, but we lost every game... Once we moved to Beer-Sheva I quit the team and have had to settle for playing X-BOX with my eldest son. Because we’re both competitive, sometimes my wife has to break it up.

Winter or summer? Totally summer
Facebook or Twitter? Neither. I would rather go out for coffee or beer with a friend.

Why BGU?
I found at the Department of Psychology a vibrant group with the desire to explore seriously and in depth the processes that occur in the clinical field and who wish to use the knowledge generated by research to influence clinical practice and understanding worldwide.