My life before BGU:
I completed my undergraduate degree in nursing at The Hebrew University of Jerusalem, and my Master's and PhD in the Department of Public Health at BGU. During my PhD, I recruited cardiology patients (those undergoing catheterization interventions or bypass surgery) for HbA1c tests, with the aim of identifying patients with undiagnosed diabetes and pre-diabetes. We followed these patients for a year and are continuing observations (long term). At the same time and since my undergraduate degree, I worked at Soroka University Medical Center in several roles, including director of nursing in the cardiac intensive care unit and for the past eight years, as duty director of nursing.

An insight from my research:
Medical research provides a twofold advantage. Beyond the personal capital from conducting research, we contribute greatly to the patients. I tried to measure the impact of the research I've done on patients two years after their discharge, and found that the mere fact that research was conducted, without any further intervention on our part, caused the patients to change their health behavior, as well as better diagnosis and treatment. The effect is probably not only on the patients, but also on the systems (in our case, community medicine).

Something that doesn’t appear on my resume:
I ride horses and enjoy survivor style field trips.

A source of inspiration:
There are several, depending on what area... In academia the central figure in my life is Prof. Viktor Novak, a man of action, compassionate and talented.

When I grow up:
I once thought that life ends at age 40, now I think it is just beginning. As a kid I wanted to be an engineer, so maybe in the next life... Meanwhile, I respect numbers (epidemiology).