

# International workshop on: Arts based methods to access salutogenic coping of marginalized populations

Research Workshop of the Israel Science Foundation

Oren Events Hall, Kreitman Building (#26), Ben-Gurion University of the Negev

March 18-20, 2019

## Monday March 18th

9:00-9:45 Getting to know each other and

Opening remarks

Prof. Orna Braun-Lewensohn and Prof. Ephrat Huss

9:45-11:15 Panel 1 – Chair: Dr. Idit Gliko –

Coping and Resiliency

Prof. Erica Frydenberg (University of Melbourne) –

Theory and practice in the field of coping: Application  
for diverse population

Prof. Panos Vostanis (University of Leicester) –

Resilience building interventions

11:15-11:30 Coffee Break

11:30-13:00 Panel 2 - Chair: Dr. Gillie Pragai Olswang –

Promoting well-being in various populations

Prof. William Evans (University of Reno, Nevada) –

Exploring the relationship between Sense of Coherence  
and historical trauma among American Indian youth

Dr. Gail Suskin (Oranim College) & Prof. Michal Al-Yagon

(Tel-Aviv University) - Body Perception, Psychological  
Self-Perception and Dance Movement therapy Groups

among Haredi Women: A culturally Sensitive Approach

Prof. Gila Chen (Ashkelon College) – Gender differences  
in sense of coherence, perceived social support and

negative emotions among drug abstinent Israeli inmates

Mrs. Bosmat Bar-Nadav & Prof. Aviad Raz (Ben-Gurion

University of the Negev) - Enabling people on the autistic  
spectrum to voice their wills and preferences through

research

13:00-14:00 Lunch Break

4:00-15:30 Panel 3 - Chair: Dr. Nirit Hochman Portugies

Claude-Hélène Mayer, (University of Johannesburg,

South Africa & Institut für Sprachgebrauch und

therapeutische Kommunikation, European University

Viadrina, Frankfurt, Germany ) Exploring salutogenesis

and creativity in the life of extraordinary individuals

through psychobiography

Prof. Richard Lambert (University of North Carolina,  
Charlotte) – The association between occupational  
stress and racial congruence across teachers and  
students

Ms. Rawan Dahabre & Prof. Ruth Pat-Horenczyk  
(Hebrew University) - Coping with breast cancer  
among Arab and Jewish women in Israel

Dr. Shira Diamond-Bensimon & Prof. Amit Shrira and

Prof. Natti Ronel (Bar-Ilan University) – Combining  
semi-structure interviews and relational viewing of

art work: The exploration of growth among

Holocaust survivors

15:40-16:00 Coffee Break

16:00-17:20 Panel 4 – Chair: Dr. Ariel Caduri – Music as  
promoting health

Dr. Moshe Bensimon (Bar-Ilan University) - Qualitative  
research on music therapy with prisoners and victims  
of trauma

Ms. Suzana Cohen & Prof. Ehud Bonder (Bar-Ilan  
University) - When performing music becomes a source

of anxiety: Using the PERMA model to improve  
musicians' well-being

Dr. Michal Tzur Dachoach & Prof. Ehud Bonder (Bar-Ilan  
University) - Music Therapy based Mindfulness for

Patients with Remitted Depression

Ms. Shosh Keisari & Prof. Yuval Palgi and Prof. Anat

Gesser-Edelsburg and Dr. Dani Yaniv (Haifa University) –

“I could tell my story”: Playback theatre group with  
older adults

17:20-17:30 -Closing remarks

## Tuesday March 19th

9:00-10:30 Panel 1

Prof. Eltje Boss - The connection between positive psychology and art based social work in Europe

Dr. Erik Jansen - Arts and epistemic injustice: Participating in arts practices as wellbeing achievement

Prof. Cathy Moon - Arts as coping in international aid settings

Dr. Anna Samarnova, Using salutogenic concepts and art-based methods in social work with young offenders

Dr. Tali Samson & Prof. Ephrat Huss - Arts and salutogenic coping

10:30-11:00 Coffee break and graffiti wall

11:00-12:40 Panel 2

Dr. Tony Evans - using drama to help decision making in managerial groups in social work

Dr. Shelley Cohen Konrad: Social Work and the Arts: Making "the truth irresistible" – we can broaden it to be: Healthcare and the Arts: Making the 'truth irresistible'

Dr. Annake Sools - Using art-based methods to support young adolescents in prevocational secondary education to navigate their future

Dr. Neil Springham - Using recorded arts-based interviews to make sense of positive change on complex mental states for those using the UK mental health system

Dr. Ibtisam Marei - Using photo-voice and drawings to enable children to self define sense of danger and safety in unrecognized Bedouin villages

12:40-13:30 Lunch in room and graffiti wall

13:30-15:00 Panel 3

Ms. Noa Barkai - Researching arts as a method to enhance and describe interrelations between Arab and Jewish youth in conflict groups

Ms. Moria Wiesman - Using arts to capture salutogenic coping of health care workers

Ms. Noa Wiener - Arts based methods to capture sense of belonging of Eritrean refugee children in Israel

Prof. Vered Slonim-Nevo & Ms. Tali Gil - Using arts as a space of freedom with young male adult Eritrean refugees

Dr. Anna Samanova - Arts and social practice in Russia

15:00-15:15 Coffee break

15:15-15:45 Arts based researchers round table meeting to plan a joint book

16:15-17:45 Panel 4 – Chair: Prof. Orna Braun-Lewensohn – Community work following conflicts with various ethnic groups around the world

Prof. Anna Kusic (University of Rome) - Inter-community contact through cultural activities in post-conflict area: Belfast (Northern Ireland) and Vukovar (Croatia)

Prof. William (Bill) Evans (University of Nevada, Reno) – Integrating western and indigenous concepts of effective health promotion programming: Sustainable program models and culturally-sensitive research practice among American Indian tribes in Nevada

Prof. Erica Frydenberg (University of Melbourne, Australia) & Prof. Panos Vosatnis (University of Leicester) - Discussants

## Wednesday March 20th

8:30 – Driving from the University to Lakia – Bedouin village by joint buss

9:00-9:30 Dr. Sarah Abu-Kaf - Mental health issues among Bedouin-Arab women: Difficulties, challenges and opportunities

9:30-10:00 Ms. Naama Al-Tzana & Salame Abu-Ubaid - Women's empowerment: The emerging of desert embroidery

10:00-11:00 Ms. Huda Al-Tzana - Empowering and Inspiring marginalized populations through an arts based workshop

11:00-11:30 Coffee Break

11:30-12:00 Mr. Ali Abu-Shchita - Traditions as a way to reserve the elderly's power and respect

12:00-12:30 Dr. Khaled Al-Said & Mr. Hassan Ganaim - Challenges and opportunities for the younger generation undergoing rapid cultural transition- in the Bedouin society

13:00-13:30 Lunch

13:30-14:00 Dr. Muhamad Al-Nabari - The Bedouin society- Society in change, between tradition and progress

14:00-15:15 Mr. Amar Amarana - Project Wadi Attir – An initiative of a Bedouin community, establishing a model of sustainable farm that leverages Bedouin traditional values

15:15-15:45

Prof. Ephrat Huss & Prof. Orna Braun-Lewensohn  
Closing remarks