



# International workshop on:

# Arts based methods to access salutogenic coping of marginalized populations

Research Workshop of the Israel Science Foundation

Oren Events Hall, Kreitman Building (#26), Ben-Gurion University of the Negev

March 18-20, 2019

#### Monday March 18th

9:00-9:45 Getting to know each other and Opening remarks
Prof. Orna Braun-Lewensohn and Prof. Ephrat Huss

9:45-11:15 Panel 1 – Chair: Dr. Idit Gliko –
Coping and Resiliency
Prof. Erica Frydenberg (University of Melbourne) –
Theory and practice in the field of coping: Application for diverse population
Prof. Panos Vostanis (University of Leicester) –
Resilience building interventions

11:15-11:30 Coffee Break

11:30-13:00 Panel 2 - Chair: Dr. Gillie Pragai Olswang -Promoting well-being in various populations Prof. William Evans (University of Reno, Nevada) – Exploring the relationship between Sense of Coherence and historical trauma among American Indian youth Dr. Gail Suskin (Oranim College) & Prof. Michal Al-Yagon (Tel-Aviv University) - Body Perception, Psychological Self-Perception and Dance Movement therapy Groups among Haredi Women: A culturally Sensitive Approach Prof. Gila Chen (Ashkelon College) – Gender differences in sense of coherence, perceived social support and negative emotions among drug abstinent Israeli inmates Mrs. Bosmat Bar-Nadav & Prof. Aviad Raz (Ben-Gurion University of the Negev) - Enabling people on the autistic spectrum to voice their wills and preferences through research

13:00-14:00 Lunch Break

4:00-15:30 Panel 3 - Chair: Dr. Nirit Hochman Portughies Claude-Hélène Mayer, (University of Johannesburg, South Africa & Institut für Sprachgebrauch und therapeutische Kommunikation, European University Viadrina, Frankfurt, Germany) Exploring salutogenesis and creativity in the life of extraordinary individuals through psychobiography

Prof. Richard Lambert (University of North Carolina, Charlotte) – The association between occupational stress and racial congruence across teachers and students

Ms. Rawan Dahabre & Prof. Ruth Pat-Horenczyk
(Hebrew University) - Coping with breast cancer
among Arab and Jewish women in Israel
Dr. Shira Diamond-Bensimon & Prof. Amit Shrira and
Prof. Natti Ronel (Bar-Ilan University) – Combining
semi-structure interviews and relational viewing of
art work: The exploration of growth among
Holocaust survivors

15:40-16:00 Coffee Break

16:00-17:20 Panel 4 – Chair: Dr. Ariel Caduri – Music as promoting health

Dr. Moshe Bensimon (Bar-Ilan University) - Qualitative research on music therapy with prisoners and victims of trauma

Ms. Suzana Cohen & Prof. Ehud Bonder (Bar-Ilan University) - When performing music becomes a source of anxiety: Using the PERMA model to improve musicians' well-being

Dr. Michal Tzur Dachoach & Prof. Ehud Bonder (Bar-Ilan University) - Music Therapy based Mindfulness for Patients with Remitted Depression

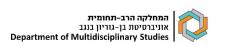
Ms. Shosh Keisari & Prof. Yuval Palgi and Prof. Anat Gesser-Edelsburg and Dr. Dani Yaniv (Haifa University) – "I could tell my story": Playback theatre group with older adults

17:20-17:30 -Closing remarks











### **Tuesday March 19th**

9:00-10:30 Panel 1

Prof. Eltje Boss - The connection between positive psychology and art based social work in Europ Dr. Erik Jansen - Arts and epistemic injustice: Participating in arts practices as wellbeing achievement Prof. Cathy Moon - Arts as coping in international aids settings

Dr. Anna Samarnova, Using salutogenic concepts and art-based methods in social work with young offenders Dr. Tali Samson & Prof. Ephrat Huss - Arts and salutogenic coping

10:30-11:00 Coffee break and graffiti wall

11:00-12:40 Panel 2

Dr. Tony Evans - using drama to help decision making in managerial groups in social work

Dr. Shelley Cohen Konrad: Social Work and the Arts: Making "the truth irresistible" – we can broaden it to be: Healthcare and the Arts: Making the 'truth irresistible"

Dr. Annake Sools - Using art-based methods to support young adolescents in prevocational secondary education to navigate their future

Dr. Neil Springham - Using recorded arts-based interviews to make sense of positive change on complex mental states for those using the UK mental health system

Dr. Ibtisam Marei - Using photo-voice and drawings to enable children to self define sense of danger and safety in unrecognized Bedouin villages

12:40–13:30 Lunch in room and graffiti wall

13:30-15:00 Panel 3

Ms. Noa Barkai - Researching arts as a method to enhance and describe interrelations between Arab and Jewish youth in conflict groups

Ms. Moria Wiesman - Using arts to capture salutogenic coping of health care workers

Ms. Noa Wiener - Arts based methods to capture sense of belonging of Eritrean refugee children in Israel Prof. Vered Slonim-Nevo & Ms. Tali Gil - Using arts as a space of freedom with young male adult Eritrean refugees Dr. Anna Samanova - Arts and social practice in Russia

15:00-15:15 Coffee break

15:15-15:45 Arts based researchers round table meeting to plan a joint book

16:15-17:45 Panel 4 – Chair: Prof. Orna Braun-Lewensohn – Community work following conflicts with various ethnic groups around the world

Prof. Anna Kosic (University of Rome) - Inter-community contact through cultural activities in post-conflict area: Belfast (Northern Ireland) and Vukovar (Croatia)
Prof. William (Bill) Evans (University of Nevada, Reno) – Integrating western and indigenous concepts of effective health promotion programming: Sustainable program models and culturally-sensitive research practice among American Indian tribes in Nevada

Prof. Erica Frydenberg (University of Melbourne, Australia)& Prof. Panos Vosatnis (University of Leicester) - Discussants

## Wednesday March 20th

8:30 – Driving from the University to Lakia –Bedouin village by joint buss

9:00-9:30 Dr. Sarah Abu-Kaf - Mental health issues among Bedouin-Arab women: Difficulties, challenges and opportunities

9:30-10:00 Ms. Naama Al-Tzana & Salame Abu-Ubaid - Women's empowerment: The emerging of desert embroidery

10:00-11:00 Ms. Huda Al-Tzana - Empowering and Inspiring marginalized populations through an arts based workshop

11:00-11:30 Coffee Break

11:30-12:00 Mr. Ali Abu-Shchita - Traditions as a way to reserve the elderly's power and respect 12:00-12:30 Dr. Khaled Al-Said & Mr. Hassan Ganaim - Challenges and opportunities for the younger generation undergoing rapid cultural transition- in the Bedouin society

13:00-13:30 Lunch

13:30-14:00 Dr. Muhamad Al-Nabari - The Bedouin society-Society in change, between tradition and progress 14:00-15:15 Mr. Amar Amarana - Project Wadi Attir – An initiative of a Bedouin community, establishing a model of sustainable farm that leverages Bedouin traditional values

15:15-15:45

Prof. Eprhat Huss & Prof. Orna Braun-Lewensohn Closing remarks